

ATTN: All Students

Warning: Rubella Outbreak

There has been a recent surge in reports of rubella in the Kanto region of Japan. As of August 12, 2018, there have been 139 cases, of which 80 were reported on or after July 23. This year has already exceeded last year's total of 93 cases. We therefore ask for your cooperation in preventing rubella and other infectious diseases as follows:

1. If you have never had rubella or measles, or were never vaccinated or received only a single vaccination dose, you may be at risk of contracting these diseases. To protect against infection, we advise that you visit a medical facility as soon as possible to undergo an antibody test and get vaccinated/revaccinated if needed.
2. In addition, if you have never had mumps or chickenpox and never been vaccinated against them, please visit a medical facility to take an antibody test and undergo vaccination.
3. Call the medical facility in advance before going. Keep your antibody test results and vaccination record in a safe place.

August 28, 2018

Tohoku University
Student Health Care Center
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