

February 3, 2020

Response to Strain of New Coronavirus

ATTN: All Students and Employees

Tohoku University
Disease Control Headquarters
SHIMOTSUMA Yasuyuki (Director)

As the situation surrounding the new strain of coronavirus is changing daily, the university will provide updates as needed.

The latest information and instructions will be posted on the university website and groupware, so please check these regularly in addition to rigorously observing infection prevention measures including hand-washing and how to minimize risk when coughing.

1. Those returning to/entering Japan from China:

- (1) As the disease has an incubation period, please rest at home for 14 days from the day on which you came to Japan. During that time, monitor your health for any changes in your physical condition or symptoms. (This does not constitute a suspension of attendance for either students or staff.)
- (2) While monitoring your health, if you have symptoms such as a fever of 37.5 °C or higher (see Note), a cough, or a sore throat, please send a report of your symptoms to the e-mail address below, then contact a public health care center, hospital or clinic by phone (being sure to mention your recent trip), and follow their instructions. Please then report the instructions you received to the e-mail address below. Rest at home until your symptoms subside, again carefully monitoring for any changes in your physical condition or symptoms.

Note: Even if you do not have a noticeable fever (not limited to fevers of 37.5 °C or higher), contact a hospital or clinic and follow their instructions if you notice anything abnormal about your condition.

Students: infection2020*grp.tohoku.ac.jp (Student Health Care Center)

Report: Student ID number, name, where you stayed abroad, date on which you returned to Japan, e-mail address, symptoms, whether you currently live at a student dormitory (University House etc.), instructions from public health care center/hospital/clinic

Staff: occupational-health*grp.tohoku.ac.jp (Center for Environmental Conservation and Research Safety)

Report: Department, name, where you stayed abroad, date on which you returned to Japan, e-mail address, symptoms, instructions from public health care center/hospital/clinic

Replace * with @ in email addresses.

2. Travel to China

- (1) Due to the rise in the number of pneumonia infections related to the new strain of coronavirus, the Ministry of Foreign Affairs (MOFA) has raised the contagion risk level to 2 (travelers advised to cancel unnecessary/non-urgent trips), even in parts

- of China outside of Hubei province. We therefore request that you cancel any planned trips to Hubei province and any non-essential trips to other parts of China.
- (2) If you must go abroad for unavoidable reasons, please periodically contact your family and workplace. Also, please register with the MOFA traveler's registration service ("Tabi Reji") and promptly comply with all instructions they give you.

3. Those returning to/entering Japan from other countries:

As it is influenza season, please take all available precautions against infection (washing hands, taking precautions if you have a cough, ventilating rooms etc.). If you have symptoms such as a cough or sore throat, please contact the relevant email address shown in 1-(2) above and undergo an examination at a medical facility.