

AY 2022 Regular Medical Checkups

Regular Medical Checkups will be conducted at the Student Health Care Center as follows. Eligible students are asked to make an appointment using the online reservation system. Reservations will only be accepted via the online system. You will NOT be able to fill out your Tohoku University Medical Examination Form at the venue. Please fill it out before coming.



1 Dates: **April 21** (Thu.) & **22** (Fri.), **May 6** (Fri.)—**25** (Wed.), **excluding weekends**

To avoid crowding, please come at your appointed time (you can check in 5 minutes early). Please be punctual.

2 Location: **Tohoku University Student Health Care Center**

Kawauchi 41, Aoba-ku, Sendai-shi ☎022 (795) 7836 or 7829
<http://www.health.ihe.tohoku.ac.jp/>



Note: There are no parking spaces, so please use public transportation.
In the event of an emergency (COVID-19 outbreak, natural disaster etc.) please see the Student Health Care Center website.

3 Eligibility: **All students (Excludes 1st year undergraduate students who underwent the AY 2022 medical exams for new students.)**

Includes new non-degree students (research students etc.) entering the university in AY 2022. Adult students who underwent a medical exam at their workplace or another off-campus facility may submit a copy of their results (must include chest X-ray) to the Student Health Care Center instead of undergoing the university's examination. However, in this case the center will be unable to issue a Medical Examination Certificate. Be aware that if the original copy of the medical examination results is submitted, it will not be returned.

4 Reservations: **Reservations will be accepted from April 8. Please make your online reservation by May 9.**

Use the reservation website (QR code at right).

https://web.star7.jp/mypage/mobile_info.php?p=b5fb0024ab



However, reservation dates/times are predetermined for students in the Schools of Dentistry (2nd to 6th year) and Medicine (2nd to 5th year). These students will be contacted by their faculties, so they need not make online reservations.

Note: For an instruction manual on how to use the reservation system, click the "Regular Medical Checkups" banner on the Student Health Care Center website. (After you register, an email confirming your reservation will be sent from kenshin@star7.jp. Please make sure your mail client will accept messages from this address.)

5 Examination details:

Chest X-ray, height, weight, etc.

Please wear a thin, plain t-shirt for the chest X-ray. (Do not wear clothing/bras/tops with printed patterns, embroidery, metal parts, buttons, etc.) Please do not wear jewelry or accessories (if you have items that you cannot remove for religious reasons, please contact us). If you have long hair please wear it up so that it doesn't touch your neck or shoulders.

6 Please bring (required):



- 1 Tohoku University Student Medical Examination Form
-Fill out the front of the form in pencil. See the Student Health Care Center website for a sample form.
- 2 Mental and Physical Health Questionnaire for Students
- 3 Student ID, or document showing your Student ID Number and name
- 4 A device on which you can display your confirmation email, or a printout of the email
- 5 Please bring a thin, plain, white t-shirt for the X-ray.

7 Requests:

- Please wear a mask to the exam.
- Please follow the instructions on the notice (regarding coming from other prefectures etc.) from the administration or university. Only eligible students may undergo the exam.
- If you are not feeling well, or if any of the following apply, do NOT undergo the exam.
 - You have COVID-19 symptoms, or such symptoms subsided less than 72 hours before the exam.
 - You have been diagnosed with COVID-19 and have not fully recovered.
 - You were in close contact with a COVID-19 patient, and will still be in the observation period on the date of the exam.
 - You have entered Japan from abroad, and will still be in the post-arrival quarantine period on the date of the exam.



8 Issuance of Medical Examination Certificate

If you do not undergo the checkup, we cannot issue a Medical Examination Certificate. Medical Examination Certificates reflecting the results of this checkup will be available from June 28 (Tue.), 2022. Medical examination reports can be issued by automatic certificate machines starting on that date as well.

*Those who desire health/illness consultations should contact the Student Health Care Center to make an appointment.