

# AY 2024 Regular Medical Checkups

Regular Medical Checkups will be conducted at the Student Health Care Center as follows. It is necessary to answer a web questionnaire and obtain a net reservation prior to the health checkup visit.

Each eligible person should **obtain the net reservation after answering the web questionnaire** and visit the appointment date and time. If you do not answer the web questionnaire, you may not be able to have a medical checkup.

For undergraduate students in school of dentistry (2nd to 6th year) and school of medicine (2nd to 5th year), **please check the ☆ mark in 5 on the reservation method below.**



**1. Dates:** **April 22 (Mon.) –26 (Fri.), May 7 (Tue.) –20 (Mon.), 2024**  
However, Saturdays, Sundays and holidays are excluded. Please adhere to the reservation time strictly.

**2. Location:** **Student Health Care Center** (the QR code at right will take you to the website)  
Kawauchi 41, Aoba-ku, Sendai-shi, 980-8576 TEL.022 (795) 7836, 7829 <https://www.health.ihe.tohoku.ac.jp/>  
Note: There are no parking spaces, so please use public transportation.



**3. Eligibility:** **All students.** Includes new non-degree students (research students etc.) entering the university in AY 2024. Adult students who underwent a medical check at their workplace or another off-campus facility may submit a copy of their results (must include chest X-ray) to the Student Health Care Center directly or by post/campus mail, instead of undergoing the university's examination. However, in this case the center will be unable to issue a Medical Examination Certificate. Be aware that if the original copy of the medical examination results is submitted it will not be returned.

**4. Web Questionnaire:** **You can answer on the web questionnaire site from April 12 (Fri.) to May 7 (Tue.).**  
In order to receive a medical examination, **it is essential to answer the web questionnaire before receiving a medical examination.** On the day of the medical examination, we will confirm the completion of the response to the web questionnaire.  
URL: <https://forms.gle/tDD5vKx6D4zzhFuQ7>



Web Questionnaire

**Reservation starts from April 12 (Fri.). Please complete the net reservation until May 7 (Tue.).**

After answering the web questionnaire please make an appointment from the health checkup reservation site.

Use the URL below or the QR code at right.

([https://web.star7.jp/mypage/mobile\\_info.php?p=b5fb0024ab](https://web.star7.jp/mypage/mobile_info.php?p=b5fb0024ab))

**5. Reservations:** You can also go to the reservation site from the banner of "Regular Medical Checkups" on the Web page of the Student Health Care Center.

\* After you register, an email confirming your reservation will be sent from [kenshin@star7.jp](mailto:kenshin@star7.jp). Please set your email's spam-blocker etc. to accept messages from this address.

☆ **Reservation dates/times are predetermined for undergraduate students in the Schools of Dentistry (2nd to 6th year) and Medicine (2nd to 5th year). Those students will be contacted by their faculties and need not make the net reservations. (However, please be sure to complete the web questionnaire.)**



Reservation website



## 6. For those requiring reasonable accommodation:

If you require reasonable accommodation (due to a disability, gender dysphoria, etc.), please do **NOT make the net reservation. Contact us by email instead.** (The checkup schedule cannot be changed.)

Email for requesting reasonable accommodation:

[hairyo-kenshin@grp.tohoku.ac.jp](mailto:hairyo-kenshin@grp.tohoku.ac.jp)

## 7. Medical examination items:

chest X-ray/height/weight measurement/blood pressure measurement/internal medicine medical examination (1st year undergraduate students) etc.

### \* Request for chest X-ray

Please wear a thin plain T-shirt (print pattern, embroidery, metal fittings, buttons, bras, bra tops are not allowed). In addition, accessories cannot be worn (if you cannot remove accessories for special reasons such as religion, please let us know). If you have long hair, please put it together so that the hair does not touch your shoulders or neck (see Attachment 1). **If you do not have the aforementioned preparations, you will not be able to undergo a chest X-ray.**

## 8. Please bring (required):

- ① Student ID (or document showing your student ID Number and name)
- ② A device on which you can display your confirmation email, or a printout of the email
- ③ Smartphones, tablets, etc. (confirm the completion of the web questionnaire)
- ④ Wear or bring a thin, plain t-shirt (for the X-ray). **If you are not prepared for the X-ray you will be unable to undergo it.**

## 9. Issuance of Medical Examination Certificates

Medical Examination Certificates reflecting the results of this checkup can be issued from Automatic Certificate Issuance Machines starting June 26 (Wed.), 2024. (If your Student ID does not have a magnetic strip, you can pick up the certificate at the Student Health Care Center.)

Notifications about Medical Examination Certificates (changes to availability dates etc.) will be posted on the Student Health Care Center website.

## 10. Please fill out the "Mental and Physical Health Questionnaire for University Students" conducted by the Center for Counseling and Disability Services.

- ▶ Newly enrolled undergraduate students: Please answer the Questionnaire enclosed in the "Enrollment Guide" (you would not need to answer online)
- ▶ Other students: Please answer the online Questionnaire (see Attachment 2)

## 11. Request:

- ◆ Please follow the notices of the government and university, and Only those who are able to attend school are required to undergo a medical checkups.
- ◆ If the checkup schedule is changed due to an emergency (epidemic, natural disaster etc.) an announcement will be made on the Student Health Care Center website.

Please check the latest information. <https://www.health.ihe.tohoku.ac.jp/>