

To students and parents of students entering Tohoku University

Request from the Health Service Center

In university life, many people spend a lot of time together, and the risk of infection spreading through airborne, droplet, or contact transmission increases. Vaccination is also important for protecting yourself from infectious diseases. Please check your vaccination history using the Vaccination Certificate, referring to the “Infectious Disease & Campus Life” (separate volume), p.16. In particular, immunity to the infectious diseases listed below is important for university life, so if you fall under any of the descriptions below, please make an appointment with a medical institution and, after consulting with them, consider vaccination (Fee-based, not covered by insurance).

A. Immunity necessary for daily life at university

- Measles and Rubella (MR)
- Chickenpox (Varicella)
- Mumps

If none of the following 1. to 3. apply, the above vaccinations are considered necessary.

1. You can confirm in your Maternal and Child Health Handbook, etc., that you have received two vaccinations for each infectious disease in the past.
2. You have a record (doctor's diagnosis) of having had the disease in the past.
3. Your blood antibody test is positive.

B. In addition to A, recommended vaccines for dormitory life

- Meningococcal vaccine

Director of the Student Health Care Center

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