

ATTN: All Students

Consultation on Post-COVID Conditions is now available.

In October, the Student Health Care Center began offering consultation services for post-COVID conditions. Although we cannot provide full-scale medical services such as diagnosis and treatment, our physicians will provide various consultations. We would like to seek solutions together with you based on the current knowledge available, such as whether your symptoms are likely to be post-COVID conditions, which hospital to go to, and whether you should wait or see your condition.

Eligibility

Those with a confirmed diagnosis of COVID19 and at least 30 days have passed since the onset of the disease.

How to consult

1. If you would like to schedule a consultation, please first make an appointment regarding a consultation date at the URL below or QR code on the right.

URL: https://web.star7.jp/mypage/mobile_info.php?p=03dd01e573



2. Immediately after obtaining the reservation, please access the following URL or QR code on the right. and please describe what type of consultation you would like. _

URL: <https://forms.gle/gzFH9xZHMMbcuL349>



* We would like to provide in-person and online consultations if desired.

What are post-COVID conditions

WHO defines post COVID conditions as "those that occur in persons infected with a novel coronavirus, persist for at least two months, and cannot be explained as symptoms of other diseases. Symptoms include fatigue, shortness of breath, and effects on thinking and memory, and can be new symptoms that appear after recovery from the acute phase or symptoms that persist from the acute phase. At this time, the cause of the symptoms is not known.

Typical post COVID symptoms

fatigue, arthralgia, myalgia, cough, sputum, shortness of breath, chest pain, hair loss, memory impairment, poor concentration, insomnia, headache, depression, olfactory disturbance, taste disturbance, palpitations, diarrhea, abdominal pain, sleep disturbance, muscle weakness

*The Miyagi Prefecture webpage lists medical institutions where you can receive treatment. Please refer to the Miyagi Prefecture website.

URL: <https://www.pref.miyagi.jp/site/covid-19/kouisyu.html>

Student Health Care Center, Tohoku University